What is claimed is:

- 1 1. A method to assemble a capacitor plate to one side of a substrate having a first
- 2 side and a second side, and a first electrical contact area on said first side, and a second
- 3 electrical contact area on said second side, comprising:
- 4 connecting a component to said first electrical contact area on said first side of
- 5 said substrate; and
- 6 connecting said capacitor plate to said second electrical contact area on said
- 7 second side, opposite said first electrical contact area on said first side of said substrate.
- 1 2. The method of claim 1, further comprising:
- attaching a first interposer to said first electrical contact area on said first side of
- 3 said substrate;
- 4 attaching said component to said first interposer on said first electrical contact
- 5 area on said first side of said substrate;
- 6 attaching a second interposer to said second electrical contact area on said
- 7 second side of said substrate; and
- 8 attaching said capacitor plate to said second interposer.
- 1 3. The method of claim 2, wherein said first interposer and said second interposer
- 2 are chosen from a group of interposers consisting of: a socket, or a conductive
- 3 elastomeric material.
- 1 4. The method of claim 1, wherein said component is chosen from a group of
- 2 components consisting of: a land grid array (LGA) component, or a ball grid array
- 3 (BGA) component.
- 1 5. The method of claim 1, wherein said substrate is chosen from a group of
- 2 substrates consisting of: a printed circuit board (PCB), a multi-chip module (MCM),
- 3 and a flexible substrate.

- 1 6. The method of claim 1, wherein said capacitor plate comprises:
- 2 a plurality of conductive planes; and
- 3 one or more dielectric layers to separate said plurality of conductive planes,
- 4 wherein said one more dielectric layers include a material consisting of: FR4, a resin,
- 5 an elastomeric material, or a ceramic.
- 1 7. The method of claim 1, wherein said capacitor plate is attached by solder to said
- 2 second electrical contact area on said second side of said substrate.
- 1 8. A method to fabricate a capacitor plate, comprising:
- 2 selecting a set of physical specifications of said capacitor plate;
- estimating an initial required capacitance for a plurality of contacts on said
 capacitor plate;
- 5 modeling said capacitor plate after assembly on a substrate;
- 6 estimating a more precise required capacitance for said plurality of contacts on
- 7 said capacitor plate after modeling said capacitor plate after assembly on said substrate;
- 8 and
- 9 fabricating said capacitor plate according to said set of physical specifications.
- 1 9. The method of claim 8, wherein said capacitor plate includes one or more layers
- 2 including a material consisting of: FR4, a resin, an elastomeric material, or a ceramic.
- 1 10. The method of claim 8, wherein said capacitor plate includes soldering pads for
- 2 soldering said capacitor plate to said substrate.
- 1 11. The method of claim 8, wherein said capacitor plate comprises:
- 2 a plurality of conductive power planes; and
- a plurality of conductive ground planes, wherein said plurality of conductive
- 4 power planes and said plurality of conductive ground planes are separated by one or
- 5 more dielectric layers including a dielectric layer chosen from the materials consisting
- 6 of: FR4, a resin, an elastomeric material, or a ceramic.

- 1 12. The method of claim 8, wherein said capacitor plate has one or more layers of
- 2 dielectric material with a relative permittivity greater than 4.
- 1 13. An assembled substrate, comprising
- 2 a substrate having a first side and a second side, and a first electrical contact
- 3 area on said first side and a second electrical contact area on said second side;
- 4 an electrical component having a plurality of leads electrically connected to said
- 5 first electrical contact area of said substrate; and
- a capacitor plate electrically connected to said second electrical contact area on
- 7 said second side of said substrate substantially opposite said first electrical contact area
- 8 of said substrate.
- 1 14. The assembled substrate of claim 13, wherein said assembled substrate further
- 2 comprises:
- a first interposer between said component and said first electrical contact area
- 4 on said first side of said substrate; and
- 5 a second interposer between said capacitor plate and said second electrical
- 6 contact area on said second side of said substrate.
- 1 15. The assembled substrate of claim 14, wherein said first interposer and said
- 2 second interposer are chosen from a group of interposers consisting of: a socket, or a
- 3 conductive elastomeric material.
- 1 16. The assembled substrate of claim 13, wherein said substrate is chosen from a
- 2 group of substrates consisting of: a PCB, a MCM, and a flexible substrate.
- 1 17. The assembled substrate of claim 13, wherein said component is chosen from a
- 2 group of components consisting of: a LGA component, or a BGA component.

- 1 18. The assembled substrate of claim 13, wherein said capacitor plate has a plurality
- 2 of layers of dielectric material separating a plurality of layers of conductive material.
- 1 19. The assembled substrate of claim 13, wherein said capacitor plate comprises:
- a plurality of conductive power planes; and
- a plurality of conductive ground planes, wherein said plurality of conductive
- 4 power planes and said plurality of conductive ground planes are separated by one or
- 5 more dielectric layers including a dielectric layer chosen from the materials consisting
- 6 of: FR4, a resin, an elastomeric material, or a ceramic.
- 1 20. The assembled substrate of claim 13, wherein said capacitor plate is attached by
- 2 solder to said second electrical contact area on said second side of said substrate.